

# COVID-19 : RETURN TO RESTRICTED PLAY



These guidelines have been produced in line with the LTA's play safe guidelines and Government guidance on outdoor activity

July 2020

**Please do not play at the Club unless you have a booking.** To book a court, Members should do so through Clubspark as intimated elsewhere. **Only Members are permitted to book.**



**Only pack the minimum necessary for your visit to the courts and for playing. Note that the Clubhouse, Changing and Toilet Facilities and Kitchen all remain closed :**



- Visit the toilet as necessary before leaving home,
- Take hand sanitizer with you, although a hand sanitizer is provided for use at the Club,
- Only take your own equipment (no sharing),
- Clean and wipe down your equipment before and after use,
- Bring a full water bottle – no sharing of food and drink with others,
- Bring your own tennis balls clearly marked with your initials,
- After your session, take all belongings with you – do not leave anything on court.

**Before leaving home and after you return wash your hands in the prescribed way.**



**On arriving at the courts and throughout your session, maintain social distancing (2m rule) at all times**



**Prior to going on court, use your hand sanitizer or the hand sanitizer provided by the Club**



**Only handle your own racket and personal (marked) tennis balls. Avoid touching common surfaces**

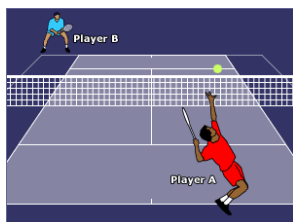
**Place your bag at the back of the court and your opponent will place their bag at the opposite end**



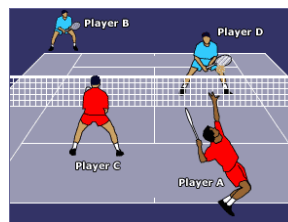
**COVID-19 : RETURN TO RESTRICTED  
PLAY (Cont'd)**



Maximum of 2 people per court



Doubles are allowed – no more than two households together



- Avoid changing ends after an odd number of games or at the end of a set
- Stay at least 1m back from the net
- Only handle your own marked tennis balls
- If a tennis ball comes over from an adjacent court – kick it back
- If your opponent's ball needs returned, pick it up with your foot and / or racket – do not handle



Maintain social distancing (2m rule) at all times :

- During play,
- Taking breaks,
- Before and after play,
- Avoid chasing a ball onto another court if that court is in use



After play, use your own hand sanitizer or the hand sanitizer provided at the Club



Upon returning home, do not forget to wash your hands in the prescribed way